

CGIT Camp Kalalla – What to Bring to Camp

- Suitcase – one only
- Sleeping bag
- Pillow and case
- Jacket/warm fleece
- CGIT Middy (or white shirt/blouse for church)
- T-shirts - (light colours are better for bugs)

- Sweaters/sweatshirts - (colour)

- Navy or black shorts (for church)

- Shorts - (colour)

- Pants - (colour)

- Socks - (colour & number)

- Underwear-

(make sure to include a couple of extra pairs!)

- Pyjamas (warm & cool)
- Bathing Suit
- Sturdy shoes/hiking boots
- Sandals **with** back ankle straps
(NO flip flops. Sport sandals,
rather than crocs are requested)

- Rainwear and rubber boots
- Sun Hat (Bandana alone is not sufficient)
- SPF30 Sunscreen with Parsol
- Towels, 2 large, 1 small
- Facecloth
- Biodegradable soap (in container)
- Toothbrush (in container) & toothpaste
- Chapstick/lip balm
(with SPF recommended)
- Comb and hairbrush
- Biodegradable shampoo/conditioner
- Sanitary supplies
- Insect repellent - no aerosol cans
- Flashlight and extra batteries
- Personal size, hard sided,
reusable **water bottle**
- Pen, pencil and note paper
- Stamped envelopes/postcards
- Bible, Old and New Testament
- Special medication
(give to Health Care Worker)

OPTIONAL Items You may want to bring...

- Musical instrument
- Camera
- Stuffed animal
- Book to read during quiet time
- White t-shirt/garment for possible tye dyeing
- Blanket

Please DO NOT pack food or electronics